

FOR IMMEDIATE RELEASE:

Delta, Colorado, April 29, 2020 – Delta County Daily Update

UPDATED Testing Information: Delta County Health Department is reporting 7 probable cases, bringing our total to 41:

- *Male, in his 60's, self-isolated and has recovered
- *Male, in his 20's, self-isolated and has recovered
- *Male, in his 30's, self-isolated and has recovered
- *Male, in his 40's, self-isolated and has recovered
- *Male, in his 30's, self-isolated and has recovered
- *Male, in his 20's, self-isolated and has recovered
- *Male, in his 30's, self-isolated and has recovered

*Probable cases were found during an outbreak investigation in another county; all cases were symptomatic, self-isolated, and have recovered.

18 individuals have tested positive; 23 individuals have been in close contact with an individual who tested positive, and have experienced COVID-19 symptoms. Additional information: 22 individuals have recovered, and 1 death has been reported.

To date, 301 tests have been administered at Delta County Memorial Hospital, and 33 tests have been administered at Delta County Health Department.

What to do if you're sick:

- <https://covid19.colorado.gov/isolation-and-quarantine>
- Self-Isolate. If you develop a fever, cough or shortness of breath you may need to call your healthcare provider. Do not show up at a clinic, urgent care or the emergency department without calling ahead.
- Wear a mask and cover your cough or sneeze.
- Wash your hands frequently and don't share personal items (drinking glass or utensils) with others.
- If possible, sleep in a bedroom and use a bathroom that is not used by other household members.
- Getting rest and drinking plenty of fluids will likely be helpful for recovery.

Public Health officials also recommend residents prepare for an emergency that might require them to stay at home for several days, including having food supplies, water and medications.

Protect yourself:

- Stay at home: <https://covid19.colorado.gov/stay-home-except-essential-needs>
- Wear a mask when you leave your home or yard.
- Practice social distancing
 - Try to keep 6 feet between yourself and other people whenever possible, particularly when you or others are sick. No hugs, no handshakes.
 - Wash your hands regularly, especially before eating or touching your mouth and nose.
- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

The Delta County Information Call Center, available at (970-874-2172) is open for calls Monday – Friday from 8:00a – 5:00p.

Delta County Business Recovery Center

To help facilitate the reopening process for businesses in Delta County, and to adhere to requirements set out in Governor Polis' "Safer at Home" Executive Order and State Public Health Orders, all businesses that haven't been open must complete and submit the [Checklist for Business/Facility Reopening](#). *Approval of this form is not required to open your business.* A copy will be kept on file by the Health Department to demonstrate you are in compliance with CDPHE health requirements.

Guidelines for how you reopen your business can be found at <http://deltacounty.com/694/Business-Guidance>.

Safer at Home Order

Governor Polis' Stay at Home ordered has ended; we have moved into the Safer at Home phase. The order can be found at https://drive.google.com/file/d/1w4xfCKF3ELTULfpqLoASRofW_LRb2glz/view. The Safer at Home order is set to expire 30 days from April 27 but can be amended or extended at any time. Changes happening during Safer at Home will be phased in, with different changes going into effect April 27, May 1 and May 4.

An updated Public Health Order was also issued by Jill Hunsaker Ryan, Executive Director of Public Health for the State of Colorado can be found at: <https://drive.google.com/file/d/1I13eSver8iS1fE149gmKHCLoHPgutNvO/view>.

Mental Health Assistance:

- Center for Mental Health: 970-252-6220 or text "Talk" to 38255
- A KIDZ Clinic: 970-874-2753 or Text: 970-901-0445
- Families Plus: 970-874-0464 or Text: 970-433-6835
- Colorado Crisis Hotline: 844-493-TALK (8255) or Text "Talk" to 38255

Delta County Resources:

- www.deltacounty.com/COVID-19
- deltahospital.org/getpage.php?ame=Novel_Coronavirus_%28COVID-19%29
- <https://covid19.colorado.gov/>
- cdc.gov/coronavirus/2019-ncov/index.html