

FOR IMMEDIATE RELEASE:

Delta, Colorado, April 15, 2020 – Delta County Daily Update

UPDATED Testing Information:

Delta County Health Department is reporting 1 additional case in Delta County, for a total of 13. The individual is a female in her 40s who is self-isolating at home.

Additionally, Delta County Health Department is reporting a total of 3 individuals being recovered and 1 death.

To date, 176 tests have been administered at Delta County Memorial Hospital. The results are 165 negative, 3 positive, and 8 pending.

What to do if you're sick:

- <https://covid19.colorado.gov/isolation-and-quarantine>
- Self-Isolate. If you develop a fever, cough or shortness of breath you may need to call your healthcare provider. Do not show up at a clinic, urgent care or the emergency department without calling ahead.
- Wear a mask and cover your cough or sneeze.
- Wash your hands frequently and don't share personal items (drinking glass or utensils) with others.
- If possible, sleep in a bedroom and use a bathroom that is not used by other household members.
- Getting rest and drinking plenty of fluids will likely be helpful for recovery.

Public Health officials also recommend residents prepare for an emergency that might require them to stay at home for several days, including having food supplies, water and medications.

Protect yourself:

- Stay at home: <https://covid19.colorado.gov/stay-home-except-essential-needs>
- Wear a mask when you leave your home or yard.
- Practice social distancing
 - Try to keep 6 feet between yourself and other people whenever possible, particularly when you or others are sick. No hugs, no handshakes.
 - Wash your hands regularly, especially before eating or touching your mouth and nose.
- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

Delta County Resources:

- www.deltacounty.com/COVID-19
- deltahospital.org/getpage.php?ame=Novel_Coronavirus_%28COVID-19%29
- <https://covid19.colorado.gov/>
- cdc.gov/coronavirus/2019-ncov/index.html

The Delta County Information Call Center, available at (970-874-2172) is open for calls Monday – Friday from 8:00a – 5:00p.