Delta County
COLORADO
Public Information

Darnell Place-Wise
Public Information Officer
dwise@deltacounty.com

FOR IMMEDIATE RELEASE:

Delta, Colorado, April 6, 2020 – Colorado Department of Public Health & Environment (CDPHE) reports 5th COVID-19 case in Delta County

Delta, CO - Delta County Health Department is investigating its fifth case of COVID-19 in Delta County; the fifth case is a male in his 70s who is a Delta County resident, but is living outside of the county at this time.

For detailed information about statewide COVID-19 testing and results, please visit: https://covid19.colorado.gov/case-data. Please note the CDPHE website may not have up-to-date results for Delta County. For an accurate case count for Delta County, please visit: http://deltacounty.com/688/Coronavirus-19-COVID-19.

Karen O'Brien, Delta County Public Health Director, would like to remind the public the importance of hand washing, social distancing, and staying home as much as possible to minimize the community spread of COVID-19.

"Wearing a mask anytime one is away from home has been recommended by Governor Polis" says Delta County Administrator Robbie LeValley, "Given the fact that we know COVID-19 is here Delta County, staying at home is the safest and easiest way to minimize your exposure. If you must go out, wear a mask to protect you and those around you."

Delta County Memorial Hospital continues its efforts to test high priority patients, and frontline medical professionals to ensure full capacity of staff to treat not only those individuals who present with COVID-19, but those battling Influenza A, Influenza B, RSV, and other medical treatments in the Emergency Department and in the hospital.

Health officials want to remind Delta County residents of the precautions they can take towards slowing the spread of any virus that could impact their health, including COVID-19.

Protect yourself:

- Stay at home: https://covid19.colorado.gov/stay-home-except-essential-needs
- Practice social distancing
    - Try to keep 6 feet between yourself and other people whenever possible, particularly when you or others are sick. No hugs, no handshakes.
    - Wash your hands regularly, especially before eating or touching your mouth and nose.
- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

What to do if you're sick:
- https://covid19.colorado.gov/isolation-and-quarantine
- Self-Isolate. If you develop a fever, cough or shortness of breath you may need to call your healthcare provider. Do not show up at a clinic, urgent care or the emergency department without calling ahead.
- Wear a mask or cover your cough or sneeze.
- Wash your hands frequently and don't share personal items (drinking glass or utensils) with others.
- If possible, sleep in a bedroom and use a bathroom that is not used by other household members.
- Getting rest and drinking plenty of fluids will likely be helpful for recovery.

Public Health officials also recommend residents prepare for an emergency that might require them to stay at home for several days, including having food supplies, water and medications.

The Delta County Information Call Center, available at (970-874-2172) is open for calls Monday – Friday from 8:00a – 5:00p.

DELTA COUNTY COURTHOUSE
501 Palmer Street; Suite 227
Delta, Colorado 81416-1796

Canyons • Rivers • Mountains
DeltaCounty.com

Phone: 970.874.2108
Fax: 970.874.2114

Delta County
COLORADO
Public Information

Darnell Place-Wise
Public Information Officer
dwise@deltacounty.com

If you have general questions about COVID-19, you may call the state's help line, CO HELP at 1-877-462-2911, or email COHELP@RMPDC.org or visit www.deltacounty.com/COVID-19.

For additional information on COVID-19, please visit the following resources:
- Colorado Department of Health and Environment page at: https://www.colorado.gov/pacific/cdphe/2019-novel-coronavirus
- Centers for Disease Control page at: https://www.cdc.gov/coronavirus/2019-ncov/index.html
- For Regional Resources visit Mesa County Health Department's page at: http://health.mesacounty.us

DELTA COUNTY COURTHOUSE
501 Palmer Street; Suite 227
Delta, Colorado 81416-1796

Canyons • Rivers • Mountains
DeltaCounty.com

Phone: 970.874.2108
Fax: 970.874.2114